

## Oracle Care Clinical Team

### **Dr Fenella Quinn, Principal Psychologist**

HCPC Number: PYL 29659

Fenella is HCPC Registered and a member of the British Psychological Society. She has 12 years' experience working as a psychotherapist with children and adults, and has worked in many different areas of children's and adolescents' mental health. Most recently she worked at an acute unit for adolescents within The Priory; previously she has worked for a CAMHS Looked After Children Team, and has headed up an NHS CAMHS developmental pathway (assessing children and young people for Autistic Spectrum Conditions and ADHD). Fenella has worked extensively with looked after children, including children living in residential care homes. She spent many years working for The Place2Be, a charity that provides therapeutic projects to schools, where she was area manager for Lewisham and Greenwich for several years.

As well as being able to use various psychotherapeutic models such as existential psychotherapy, psychodynamic psychotherapy, cognitive therapies and models of attachment, Fenella is also a highly experienced play therapist who can integrate these ways of thinking into working non-verbally with children. While working in residential care, Fenella has trained to be an AIM2 assessor, she has trained in the Good Lives™ Model and is also STORM™ trained. She has also undertaken basic training in SoSafe™. Fenella has worked in various other settings including NHS IAPT services and a men's prison for two years, and has run her own successful private practice offering psychotherapy and supervision for many years.

#### **Qualifications Completed:**

Practitioner Doctorate in Counselling Psychology – Regents University, London  
MSc in Counselling Psychology – University of East London  
Law Degree – King's College, London

### **Dr Lauralene Fuller, Regional Therapist**

MBACP Registered Member 012361

Lauralene is a Registered Psychotherapist and a member of the British Association for Counselling & Psychotherapy. She has 13 years' experience working as a psychotherapist with children and adults, and has worked in many different areas of children's and families' mental health. Most recently she worked at Royal Greenwich Borough Children and Families' services in an educational setting; where she was a lead professional implementing the early help strategy with partner agencies like CAMHS, Social Services and the Police to address the needs of families. Lauralene has trained as a designated safeguarding lead, analysing risk and care planning. Previously has worked extensively with looked after and fostered children, including children in education. She spent many years working for The Place2Be, a charity that provides therapeutic projects to schools,

where she was a school project manager in two Greenwich schools for several years.

As well as being able to use various psychotherapeutic models such as psychodynamic psychotherapy, cognitive therapies and models of attachment, Lauralene is also an experienced play therapist and clinical supervisor who can integrate these ways of thinking into working non-verbally with children. Lauralene has worked in various other settings including a refuge for women and children fleeing domestic abuse and a men's prison for two years. She has run her own successful private practice offering clinical supervision for many years.

**Qualifications Completed:**

Post Graduate Diploma in Counselling Psychology – Goldsmiths College, University of London

**Ian Scragg, Regional Clinician**

BACP Number: 600320

Ian Scragg is a BACP Accredited and Registered Psychotherapist having become accredited in 2009. He has over 16 years' experience of working in a number of settings which have included the public, private and voluntary sector, which has largely included positions within a Forensic Therapeutic Community as Senior Therapist, Therapy Manager and Head of Assessment. These positions have included providing individual and group therapy, clinical supervision and direct line management. In addition, he also has a private practice that includes providing individual therapy and clinical supervision to adults and young people. Ian was also a trained lead reviewer through the Community of Communities Network responsible for reviewing Therapeutic Communities both within the adult and young person field. Additionally, he has been a national trainer for Her Majesty's Prison and Probation Service (HMPPS) involved in delivering Therapeutic Community Accredited Training. His main therapeutic approaches are within the modalities of Humanistic, Psychodynamic and Cognitive Behavioural approaches. Ian is also a qualified clinical supervisor and has provided supervision and consultancy to a range of therapeutic services.

**Qualifications Completed:**

Post Graduate Diploma in Counselling Studies – Chester University  
Masters level modules in Group Work and Cognitive Behavioural Counselling - Chester University  
Post Graduate Certificate in Supervision - Chester University  
Diploma in Counselling - Stoke on Trent College  
Certificate in Counselling - Stoke on Trent College  
Level 5 in Leadership and Management – Chartered Management Institute

**Consultant Associates:**

**Dr Frances Rechten, Clinical Psychologist**

HCPC Number: PYL30227

Frances is an HCPC Registered Practitioner Psychologist and a Chartered member of the British Psychological Society. She has over nine years' experience working as a therapist with children and adults and has worked in many different areas of children's and adolescents' mental health services. Currently she works as an associate for Gateway Psychology (a practice providing independent psychological services for Children, Young People and Families) as well as offering independent psychological consultation in the independent sector with children and young people in residential, Local Authority Care.

Frances worked for over eight years within the National Health Service; most recently in a psychological in-reach service for young people detained at HMYOI Werrington. In this capacity she provided psychological assessment, intervention and consultation to young men and their networks of care. Frances also spent over three years working within a Child and Adolescent Mental Health team. She has worked with individuals across the lifespan, with a range of client groups, experiencing a broad spectrum of mental health and emotional problems. She currently specialises in working with children, adolescents and their families.

**Qualifications Completed:**

Professional Doctorate in Clinical Psychology – Staffordshire & Keele Universities  
MSc in Applied Psychology – Cranfield University  
BSc (Hons) Psychology – Royal Holloway and Bedford New College, University of London

**Dr Elizabeth Bray, Chartered Clinical Psychologist**

HCPC No: PYL 23836

Dr Elizabeth Bray is a Chartered Clinical Psychologist who qualified from Lancaster University in 2007. She is registered with the appropriate regulatory bodies including the HCPC as is mandatory, and the BPS.

Dr Bray has worked in mental health since 2000, initially working with offenders deemed at high risk to self or others. She later went on to work with young offenders for approximately 4 years. Following this Dr Bray worked in the NHS, mostly in CAMHS services working with children aged 5-16 experiencing moderate to severe mental health difficulties.

Since 2010 Dr Bray has worked in private practice, she acts an expert witness to the family courts around the needs of young people and their families. The majority of her work however, has been with looked after children in residential settings. Such work has consisted of working one to one around issues such as trauma, depression, anxiety and attachment issues, whilst also consulting to teams around the mental health difficulties and associated behaviours that can affect young people in care.

Dr Bray delivers training and consultation in to care homes around areas such as attachment, therapeutic parenting, mental health and diagnosis, trauma and neurological development. This helps to ensure that environments are as therapeutic as possible for the maximum support. She also offers assessment for each young person entering care, to help ensure that their needs are identified, recognized, understood and supported as early as possible.

**Qualifications Completed:**

Doctorate in Clinical Psychology, Lancaster University  
BSc Honors in Psychology, Bolton University

**Polly Baddeley, Child and Adolescent Psychotherapist**

BACP (Accred.): 716844

Polly is an accredited child and adolescent psychotherapeutic counsellor (M. Ed, MBACP Accred.) and a member of the British Psychological Society. Polly has 10 years' experience as a qualified teacher working with young people with complex needs including social, emotional and behavioural difficulties and learning difficulties. Having qualified as a psychotherapeutic counsellor in 2011, Polly has since worked providing therapeutic intervention to young people in education and residential settings and a Tier 2 mental health service. With training in Integrative therapy, Polly uses a variety of models including cognitive therapies, person-centred therapy and creative media. Polly has experience working with groups and individuals, to support young people experiencing bereavement, anxiety, depression, social and communication difficulties, and presenting with harmful behaviours. Polly is trained in the AIM2 assessment framework for adolescents who display sexually harmful behaviours and have experience in the use of the Estimate of Risk of Adolescent Sexual Offence Recidivism (the ERASOR, Worling & Curwen 2001). Polly worked for Oracle Care from 2011-2016 and in 2018 re-joined the Oracle Care clinical team.

**Qualifications completed:**

Certificate of Competence in Education Testing and qualified BPS Test User  
Child and Adolescent Psychotherapeutic Counselling, Masters of Education –  
Faculty of Education, University of Cambridge  
Child and Adolescent Psychotherapeutic Counselling, Advanced Diploma –  
Faculty of Education, University of Cambridge,  
Certificate in Psychodynamic Counselling – Faculty of Education, University of  
Cambridge,  
PGCE in Secondary Education, English with Drama – Homerton College,  
University of Cambridge

BA (Hons) in English Literature – University of York

**Harri Nicholas, Art Therapist**

HCPC Number: AS15581      BAAT Number: 40373

Harri is an HCPC Registered Art Therapist and a member of the British Association of Art Therapists. Harri has 4 years' experience working with children, young people and adults; including 2 years' experience on Training Placements. Harri has had experience working in Educational settings; including a mainstream primary school in Hertfordshire and at St Elizabeth's Learning Disability Centre providing an Art Therapy service to their School and College. Whilst working at St Elizabeth's Centre, she has had to adapt her Art Therapy practice so it is practical and flexible for those who have a variety of complex physical and learning needs. Harri has experience working in inpatient NHS Rehabilitation units for Adult Mental Health in Hertfordshire. Harri also has honorary experience; providing one to one and group sessions for adults in the community, accessing Art Therapy in an NHS Community Mental Health Centre as part of Hertfordshire Partnership University NHS Foundation Trust. She has worked as an Arts and Health Group Facilitator in the Voluntary sector for the charity Jami in Edgeware. She provided a 6-week Recovery Focused Arts and Health Group which has run for two consecutive years.

Harri is a member of BAAT Art Therapy in Education Special Interest Group and regularly attends Regional Meetings as part of the British Association of Art Therapists. She has attended various trainings including: Children's Accelerated Trauma Technique Training and Art Therapy with Care Experienced Children and Young People - Considerations for Practice.

**Jane Brackley, Music Therapist,**

HCPC Number: AS02266      BAMT Number: 7911

Jane qualified as a music therapist in 2003 and later completed a Masters in Music Therapy. She has worked as a music therapist with children and young people in special and mainstream education settings, on alternative provisions, pupil referral units and at a child development centre. She is experienced in working with children and young people from diverse backgrounds with special needs, social, emotional, behavioural and psychological difficulties linked to issues such as loss, bereavement, trauma, abuse, domestic violence and substance misuse. Jane has worked with adults and adolescents with learning disabilities and dual diagnosis within NHS multi-disciplinary integrated health and social care teams. She has set up music therapy on early intervention Behaviour Support Programmes for children with social, emotional and behavioural difficulties who risk mainstream school exclusion or attend alternative provision and has a special interest in working to improve the prospects of vulnerable and disadvantaged children and young people. She is a registered member of the HCPC and British Association of Music Therapy.

**Qualifications Completed:**

MA Music Therapy – Anglia Ruskin University

**Katelina Fusco, Art Psychotherapist,**

HCPC Number: AS15589

Katelina is an HCPC Registered Art Psychotherapist and a member of the British Association of Art Therapists. Katelina has experience working within many different areas of adult and children mental health including acute psychiatric settings and community settings within the NHS and private sector. Most recently she has been working with a charity to help develop and set up a creative therapy service that supports children and families who have experienced traumatic events in their lifetime. Katelina has worked extensively with looked after children, including children living in residential care homes and has been working for Oracle since September 2016.

As well as providing individual and group therapy, Katelina also has experience of supervising trainees on their Art therapy placements. Katelina also has experience in delivering CPD workshops for staff and reflective practice groups to support staff wellbeing within the work place.

**Qualifications Completed:**

MA Art Therapy- University of Hertfordshire

**Rachael Gotham, Play Therapist,**

PTUK Number: 201010656

Rachael is a PTUK registered Play Therapist and is also a member of the British Association for Counselling and Psychotherapy (BACP). She has over 20 years' experience of working with children in various education settings supporting both their academic and social and emotional learning.

Rachael is an experienced Play Therapist and has worked in a therapeutic capacity for the last 6 years. She uses an integrative approach and draws upon a range of attachment theories to inform her practice. Rachael uses a range of therapeutic techniques such as DDP and Theraplay, incorporating both directive and non-directive methods to support her client based work. She has a particular interest in trauma and attachment and has worked with a number of post adoption support services.

Rachael also manages Cheshire Play Therapy Services and working in collaboration with the Congleton Education Community Partnership and other local agencies.

**Qualifications Completed:**

BA Hons Early Childhood Education  
Post Graduate Cert in Play Therapy  
Post Graduate Diploma in Play Therapy  
Filial Coaching  
PCAP – Parent Child Attachment Play